

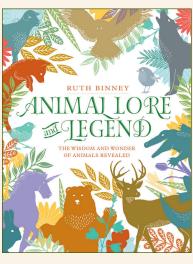
Ruth Binney has been studying nature for more than 50 years. She holds a degree in Natural Sciences from Cambridge University and is a bestselling author, having published numerous books on gardening, the countryside, and country sayings and customs.

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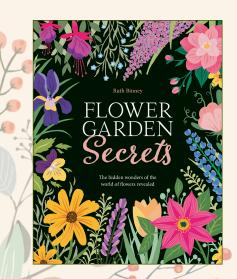


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"Always peel onions under water."

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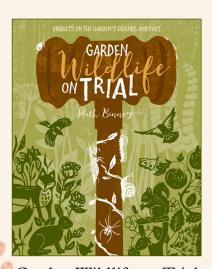




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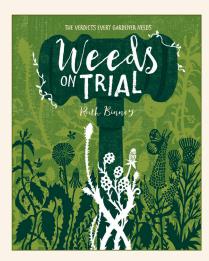
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